

A clear plastic bottle of Hemali Chlorophyll Water stands on a white surface. The bottle is filled with a vibrant green liquid. To the right of the bottle lies a large, heart-shaped green leaf with prominent veins. In the upper left corner, some long, thin green leaves are visible. The background is a plain, light gray.

HĚMALI

www.hemalipho.com




**CHLOROPHYLL
WATER®**

NATURE ENHANCED
PURIFIED WATER

PLANT POWERED


OXYGEN


ENERGY


DETOX


ANTIOXIDANT

20 FLOZ (1.25 L) 591 ML



Casting
Directing
Styling
Accessories
Flat Lays

















MOVING COMPANY #3 QUOTE

COMPANY		☐ CONTACTED	
CONTACT		PHONE ESTIMATE	
PHONE		DATE SCHEDULED: ☐ COMPLETED	
WEBSITE		IN-PERSON ESTIMATE	
EMAIL		DATE SCHEDULED: ☐ COMPLETED	
PROS:	CONS:		
QUOTES			
PACKING		UNPACKING	
TRUCK		MOVING	
CAR TRANSPORT		MILEAGE	
INSURANCE			
COVERAGE & OPTIONS		COST	
AVAILABLE DATES			
PACKAGING		LOADING	
DELIVERY		UNPACKING	

MOVING COMPANY #3 NOTES

COMPANY

Are you licensed? ☐ YES ☐ NO	How long has your company been in business?
Are you registered with DoT? (Registration is legally required for interstate movers.) ☐ YES ☐ NO	Do you have references?
Are you registered with the state? (Requirements vary from state to state.) ☐ YES ☐ NO	

QUOTE

Can you provide a binding quote? ☐ YES ☐ NO	How much work can I do myself to offset the cost?
How long do I have to review the quote? When does the quote expire?	
Are there any other additional fees I will incur? (i.e., flight charge, stair carry, long carry, shuttle service, appliance service, etc.)	What happens if I need to change dates or cancel?
	For local moves: Do you charge by the hour? ☐ YES ☐ NO
	For long-distance moves: Do you charge by weight? ☐ YES ☐ NO

82 MOVE MAMA MOVE

MOVING COMPANY 83





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Ghost Mannequin













